



TANGO WITH SELF-LOVE

- Felicity Rogers

Power play has no place when we partner ourselves with Self-Love

I spent 17 years holding tight to my identity as a professional Argentine Tango dancer. Tango awoke something deep within my heart and became an outlet for me to channel my expression. I loved the dance because it symbolised the embodiment of feminine and masculine energies moving as one. There was something so invigorating about the intensity of passion that rose out of the music and reverberated through my body as I powered across the floor. Adorned in high cut dresses and sparkling stilettos I presented my femininity with confidence and power. But beneath my Tango persona I also carried a feeling of unworthiness. Unconsciously, I had absorbed limiting beliefs and fears. Blinded by my insecurities and seeking to find love and belonging I unknowingly followed other people's ideals of who I should be in the world. Ultimately this led me to suppress the special gifts that were essential for my soul expression.

Looking for love and validation externally didn't provide me with the nourishment I was seeking.

Through embarking on an inner journey to heal and reintegrate all my parts, I've experienced that with self-love there lies the potential in relationships to evolve out of power play dynamics. When people show up nourished and whole from within, there is

no need to dominate or power-over others. And that opens the door to sharing, learning and continual growth.

Tango is a metaphor for how I understand the healthy balance I now seek between independent and dependant needs when coming into relation with others. The ultimate dance is where both parties lean in equally for support and union. But can also freely relax their embrace and remain strong in their own axis and unique expression.

With humility for the wisdom that I've acquired on my continuing journey of transformation, I hold great hope for our collective evolution.

Imagine a world where we all stand whole in our self-love beaming out our unique sparks of light as we form a combined energy that equally uplifts and nourishes us all.



Join Felicity as she blends storytelling, magic, dance, song, theatre, poetry and puppetry. A one-woman show that shares her transformative inner journey to find her true light essence and expression.

Metamorphosis – The Magic of Life

7:30pm Tuesday 19th November 2024, The Pumphouse Theatre

ONE WOMAN SHOW
ORIGINAL PERFORMANCE ART
BY FELICITY ROGERS

CASTING A SPELL OF
CURIOSITY & WONDER TO
INSPIRE & EMPOWER US ALL

BLENDING STORYTELLING,
MAGIC, DANCE, SONG, THEATRE
POETRY AND PUPPETRY

Metamorphosis

THE MAGIC OF LIFE

FOLLOW FELICITY THROUGH THE HIDDEN DEPTHS
OF HER PSYCHE AS SHE UNTANGLES THE STORY
OF HER LIFE

TUESDAY 19TH NOVEMBER | 7:30PM

 **The Pumphouse**
Theatre

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or www.pumphouse.co.nz